



Rethinking How We Work

So we have all heard the reports of the health benefits of walking, but who has the time? Now, by rethinking how you work, you can walk your way to better health while you work. LifeSpan's DT-5 Treadmill Desk is the perfect way to integrate exercise into your daily routine. Consisting of a desk with integrated control console and one of three treadmill options, the DT-5 has everything you need to combat a sedentary lifestyle. The whisper-soft treadmills come standard with two of LifeSpan's trademark features. Intelli-Step™ counts and records the number of steps you take and displays them on the console. More accurate than a pedometer, Intelli-Step automatically detects the impact of your foot striking the treadmill belt. Intelli-Guard™ automatically stops the belt if you step off during your workout for added safety and is a major development in protecting treadmill users and those around them. The DT-5 is ideal for both the home and office.



The integrated controller gives you easy access to the control buttons and readout without getting in the way of your work. The LED display shows steps taken, walking time, calories burned, distance travelled, and walking belt speed.

Now getting the exercise you need is no longer about finding the time, it's about rethinking how you work. Take the first step toward better health with LifeSpan's DT-5 Treadmill Desk.





* Bluetooth Communications

LifeSpan
Fitness Club
Trial Membership

Dimensions 12.9" L x 2.0" H x 3.25" W